

Child Care Providers: GET YOUR SHOTS!

Childcare providers have close contact with children of all ages—and their germs. Vaccines can protect both you AND children. They are safe and effective.

Protect the KIDS

Adults can protect kids around them because children

- are too young to be immunized, yet are most at risk for many serious illnesses,
- may not yet have complete protection from immunizations, and
- may have a health condition that prevents them from being fully immunized.



Protect YOURSELF

Stay healthy and

- protect yourself from disease,
- reduce sick time and loss of income from being ill, and
- protect your own family, household, coworkers— young and old.

Have you had these vaccines?

Check with your doctor or Public Health Department or the Wisconsin Immunization Registry online at:
<https://www.dhfs.wisconsin.gov/pr/clientSearchValidate.do>

Tdap (Tetanus/diphtheria/pertussis): CDC strongly recommends that all adults in contact with infants under 1 year of age receive Tdap vaccine to help protect infants from pertussis (whooping cough). Infants less than 1 year of age are most likely to develop serious complications, be hospitalized and even die from pertussis. In 2011, Wisconsin saw an increase in pertussis cases around the state. Childhood vaccines against pertussis wear off in 5-10 years.

Influenza: Flu causes more than 20,000 children under 5 years old to be hospitalized each year in the U.S. Influenza vaccine is recommended for everyone aged 6 months and older—every year. Protect infants and others around you.

Measles/Mumps/Rubella (MMR): Measles is one of the most contagious diseases. Young children are the most likely to have severe disease and complications, often needing to be hospitalized. Recently there have been cases of measles in Wisconsin.

Hepatitis A: Children often do not become very ill with this disease, but can spread hepatitis A to adults who may become very ill. This disease is most common in developing countries, but local outbreaks have occurred.

Hepatitis B: Most children are immunized at birth with Hepatitis B vaccine. It is required for school-aged children, but most adults over 25 yrs have not yet been immunized. The virus is spread in blood and body fluids, and can be sexually transmitted. About 5% of infections become chronic and can lead to liver disease, liver cancer, and death.

Varicella (chickenpox): This disease is highly contagious. Adults tend to have more severe disease and more complications than children. If you had varicella (chickenpox) disease in the past, you do not need the vaccine.



- Some adult vaccines are free at Public Health if you are uninsured.
- Call 266-4821 or check online at:
www.publichealthmdc.com/disease/immunizations.
- For a complete list of vaccines that may be recommended, see:
www.cdc.gov/vaccines/vpd-vac/adult-vpd.htm.