

# Breastfeeding Friendly Business Resources

Breastfeeding through a baby's first year benefits mom and baby for a lifetime.

Workplaces that support breastfeeding employees experience improved employee morale, increased employee retention, lower absenteeism, and reduced health-care costs.

When returning to work after maternity leave, nursing employees need support in the workplace to express breast milk and continue to breastfeed.



## Public Health Madison & Dane County breastfeeding community initiatives:

<https://www.publichealthmdc.com/community-initiatives/improve-health-of-moms-babies>



## PHMDC has funds to help businesses become breastfeeding friendly. Submit a request:

[www.publichealthmdc.com/documents/Breastfeeding Grant Supplies Request Form 2018-09-07.docx](http://www.publichealthmdc.com/documents/Breastfeeding%20Grant%20Supplies%20Request%20Form%202018-09-07.docx)

## Tips for creating a lactation space in the workplace

[http://www.publichealthmdc.com/documents/2018\\_10%20Lactation%20Room%20Design.pdf](http://www.publichealthmdc.com/documents/2018_10%20Lactation%20Room%20Design.pdf)



## Breastfeeding Friendly Business Toolkit from Wood County Health Department

<http://www.woodcountybreastfeeding.org/Portals/1/BF%20Business%20Toolkit%202017.pdf?ver=2018-01-05-093554-670>

**Business Case for Breastfeeding: National resources to support breastfeeding employees in the workplace** <https://www.womenshealth.gov/breastfeeding/breastfeeding-home-work-and-public/breastfeeding-and-going-back-work/business-case>



## Pumping Friendly Community Sites in Dane County

<http://bcscw.wildapricot.org/Pumping-Friendly-Sites>

## Federal and state breastfeeding laws

<http://www.ncsl.org/research/health/breastfeeding-state-laws.aspx>

## Legal Protections for Lactating Parents in Wisconsin

<http://www.publichealthmdc.com/documents/2018%20Legal%20Protections%20for%20Lactating%20Parents.pdf>