

Resources for Parents

Organization	Services
Head Start/ Early Head Start: (608) 275-6740	Parenting support and preschool education for families. www.reachdane.org
Pregnancy Helpline & Sharing Center: (608) 222-0008	24 hour helpline that has a variety of services. Sharing Center has a variety of items including free new cribs with delivery. www.pregnancyhelpline.net/
Car Seat Program: (608) 890-8999 Email: safekids@uwhealth.org Or text: 608-333-6087	Low price car seats and free car seat checks by appointment. www.uwhealthkids.org/safekids
4C's: (608) 271-9181	Community Coordinated Child Care helps find safe and accredited child care. www.4-c.org
Respite Center: (608) 244-5700	Provides 24 hour emergency child care in a crisis, and planned care when looking for work, housing, or if in need of a break. www.risewisconsin.org
Parental Stress Line: 1(800) 632-8188	Confidential listening support to parents 24 hours/day over the phone.
Crisis Text Line:	Text HOME to 741741
CAC Clothing Center: (608) 246-4730 ext. 216	Offers clothing for job interviews, school, work, and home. http://www.cacscw.org/clothing-center.php
Project Babies: (608) 770-9588	Provides portable bassinets, baby clothing, diapers, wipes and other items as needed Outreach@projectbabies.org

Birth to 3 Program: Madison School District: (608) 204-6242 Outside of Madison: (608) 273-3232	Developmental screening and support for children ages 0-3 in the Madison School District. www.dhs.wisconsin.gov/health-care-coverage/health-care-coverage/birth-3-program
Early Childhood: (608) 663-8471	Screening and special education for children ages 3-5 in Madison School District. www.specialed.madison.k12.wi.us/early-childhood-special-education
Play and Learn:	Free program that provides 2 hours of fun learning activities for children 0-5 and their parents. <ul style="list-style-type: none"> • Madison School district: (608) 663-5211 • 4C: (608) 271-9181 • Centro Hispano: (608) 204-7918 • earlyed.madison.k12.wi.us • www.4-c.org • www.micentro.org
Rise: (608) 241-5150 (608) 250-6634	Provides parenting support, home visiting, and information. www.risewisconsin.org
Society of St. Vincent de Paul: (608) 442-7200 2033 Fish Hatchery Rd., Madison	Food pantry, prescription assistance, and portable cribs made available to low income families. www.svdpmadison.org/how-we-help/
Baby Depot: (608) 441-7680	Offers baby items if available.
Blackhawk Church: (608) 828-4232	Delivers box of baby items. Leave a message, will not receive a call back, call again when mother goes into labor.

Health Insurance

Organization	Services
BadgerCare Plus: 1-888-794-5556 1819 Aberg Ave., Madison	Medicaid for adults and children who are from a lower income family. access.wisconsin.gov
Marketplace Plans: 1-800-318-2596	Health insurance plans for those who are not eligible for BadgerCare Plus, Medicaid or Medicare. www.healthcare.gov
Health Care Coverage for Undocumented Immigrants: 1-888-794-5556	Medicaid coverage for pregnancy or emergency services for immigrants. No one is ever reported to INS. www.dhs.wisconsin.gov/forwardhealth/imagency/capital.htm
Covering Wisconsin: (608) 261-1455	Provide health coverage options and materials to help find the best insurance for each individual. www.coveringwi.org

Legal Services

Wisconsin Law School Immigrant Justice Clinic: (608) 890-0678	Legal services including rental housing, employment, and public benefits law. Law.wisc.edu
Rise Law Center: (608) 256-1015	Family and immigration law www.riselawcenter.org
Centro Hispano: (608) 442-4012	Immigration Services Program, with cost. www.micentro.org
Community Immigration Law Center: (608) 257-4845	Immigration legal services-reduced fee & free. www.cilcmadison.org

Community Resources

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Need help finding other resources?

United Way of Dane County has a 24 hour helpline

Call 211 Anytime

 **Public Health**
MADISON & DANE COUNTY

Healthy people. Healthy places.

Health Care

Organization	Services
<p>Public Health Madison & Dane County: (608) 266-4821 Breastfeeding: 234-0449 STI/HIV: 243-0411 Well Woman: 242-6392 WIC: 267-1111</p> <p>East: 2705 E. Washington Ave., Madison South: 2230 S. Park St., Madison</p>	<ul style="list-style-type: none"> •Immunizations •nursing services for pregnant women •breastfeeding support •infectious disease control •STI clinic / HIV testing •Well Woman Program (free mammograms and Pap tests for women who have limited income and little or no health insurance) •WIC Program (Women, Infant, & Children nutrition program) www.publichealthmdc.com
<p>Access Community Health Center: (608) 443-5480 East: 3434 E. Washington Ave., Madison South: 2202 S. Park St., Madison Wingra Family Medical Center: (608) 263-3111 1101 S. Park St., Madison</p>	<p>Medical clinic. Accepts insurance and BadgerCare Plus/Medicaid, and provides lower cost care for those without insurance. www.accesscommunityhealthcenters.org</p>
<p>Planned Parenthood East: 3706 Orin Rd., Madison (608) 241-3767 South: 2222 S. Park St. upstairs, Madison (608) 261-9256</p>	<p>Low cost reproductive health care. Accepts BadgerCare Plus/Medicaid. www.plannedparenthood.org/health-center/wisconsin</p>

<p>Concentra: East: 1619 N. Stoughton Rd (608) 244-1213 West: 358 Junction Rd. (608) 829-1888</p>	<p>Urgent care, sports physicals, occupational and immigration health screening, and other care (shots and titers). Does not accept BadgerCare Plus; payment is required at time of service. www.concentra.com</p>
<p>South Side MEDiC Clinic: (608) 265-4972 2202 S. Park St., Madison</p> <p>Saturday's starting at 8am</p>	<p>Free walk in services offered by UW School of Medicine and Public Health for those who don't have insurance or a primary care doctor. No emergency or sexual health concern visits. www.med.wisc.edu/medic/south-side-clinic/29284</p>

<p>Resident Continuity Clinic: (608) 417-6667 202 S. Park St., Madison—Meriter Hospital</p>	<p>Full service Obstetric and Gynecology clinic that serves patients regardless of ability to pay. www.uwhealth.org/obgyn/resident-continuity-clinic/27070</p>
<p>Shalom Holistic Health Services: (608) 205-0505</p> <p>1116 Ridge St., Stoughton</p> <p>Thursdays 5-9pm</p>	<p>Health care for residents of the Stoughton School District, ages 18 and up, who are low income and without health insurance. Not for urgent care. shalomclinic.org</p>

<p>Our Lady of Hope Clinic: (608) 819-8544</p> <p>6425 Odana Rd., Madison</p>	<p>Provides care to those not eligible for BadgerCare Plus/Medicaid. No contraceptives or STI testing. www.ourladyofhopeclinic.org/</p>
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Dental Care

Organization	Services
<p>Access Community Health Center: (608) 443-5482</p>	<p>Accepts insurance, BadgerCare Plus/Medicaid, and lower cost for uninsured. www.accesscommunityhealthcenters.org</p>
<p>Affordable Dental Care, Inc. (608) 622-4002</p>	<p>50% discount for all dental services, accepts adults and children. www.affordablesmiles.org</p>
<p>Familia Dental: (608) 244-8050—East (608) 720-1112—West</p>	<p>Accepts Medicaid and offers lower cost care for uninsured individuals. www.familiadental.com</p>
<p>Madison College Dental Hygiene Clinic: (608) 258-2400 1705 Hoffman St., Rm 151, Madison</p>	<p>Accepts Medicaid/BadgerCare, provides preventive dental care by Dental Hygiene Students. madisoncollege.edu/dental-hygiene-clinic</p>
<p>More Smiles Wisconsin: (608) 665-2752</p>	<p>Emergency dental services and other services to uninsured/BadgerCare recipients moresmileswi.org</p>
<p>Celebrate Smiles: (608) 852-2781</p>	<p>Full dental care in Madison and Sun Prairie elementary schools. accesscommunityhealthcenters.org/services/dental/celebrate-smiles/</p>
<p>Bridging Brighter Smiles: (262) 896-9891</p>	<p>Preventative dental care in school districts outside Madison. bridgingbrighter-smiles.org</p>

Food Assistance

<p>FoodShare Helpline: 1-877-366-3635</p>	<p>Second Harvest volunteers will help you learn if you are eligible for FoodShare.</p>
<p>FoodShare Program: (608) 242-7441</p>	<p>Assistance to purchase food at grocery stores. access.wisconsin.gov/</p>

Mental Health and Substance Abuse Services

Organization	Services
<p>Recovery Dane: (608) 237-1661</p>	<p>Information and referrals to services for adults. www.recoverydane.org</p>
<p>Journey Mental Health Center: (608) 280-2700</p>	<p>Mental health and substance abuse services, including crisis, outpatient, and case management/support services. www.journeymhc.org</p>
<p>First Breath: (608) 251-1675</p>	<p>Free program to help all people quit smoking. www.wwhf.org/first-breath/</p>
<p>Wisconsin Tobacco QuitLine: 1-800-784-8669</p>	<p>Information on how to quit smoking. www.ctri.wisc.edu/quitline</p>
<p>AODA (Alcohol and Other Drug Abuse): (608) 242-6200</p>	<p>Services for children and adults with no insurance. danecountyhuman-services.org/aoda</p>
<p>DAIS: (608) 251-4445 or 1-800-747-4045</p>	<p>Domestic Violence Support Abuseintervention.org/about/contact/</p>
<p>NAMI Dane County: (608) 249-7188 2059 Atwood Ave., Madison</p>	<p>Education, support and advocacy for individuals and families with mental illness. Namidaneconomy.org</p>

Housing

<p>CAC Housing Resource Desk: (608) 242-7406</p>	<p>Information and referral to community housing resources & housing search assistance</p>
<p>Tenant Resource Center: (608) 257-0006</p>	<p>Housing counseling, mediation services and information on community resources</p>