

**Figure 2. Vaccines that might be indicated for adults based on medical and other indications<sup>1</sup>**

VACCINE ▼	INDICATION ►	Pregnancy	Immuno-compromising conditions (excluding human immunodeficiency virus [HIV]) <sup>4,6,7,8,13</sup>	HIV infection CD4+ T lymphocyte count <sup>4,6,7,8,13</sup>		Men who have sex with men (MSM)	Kidney failure, end-stage renal disease, receipt of hemodialysis	Heart disease, chronic lung disease, chronic alcoholism	Asplenia (including elective splenectomy and persistent complement component deficiencies) <sup>8,12</sup>	Chronic liver disease	Diabetes	Healthcare personnel
				< 200 cells/μL	≥ 200 cells/μL							
Influenza <sup>*2</sup>			1 dose IIV annually		1 dose IIV or LAIV annually		1 dose IIV annually					1 dose IIV or LAIV annually
Tetanus, diphtheria, pertussis (Td/Tdap) <sup>*3</sup>	1 dose Tdap each pregnancy		Substitute 1-time dose of Tdap for Td booster; then boost with Td every 10 yrs									
Varicella <sup>*4</sup>			Contraindicated	2 doses								
Human papillomavirus (HPV) Female <sup>*5</sup>			3 doses through age 26 yrs	3 doses through age 26 yrs								
Human papillomavirus (HPV) Male <sup>*5</sup>			3 doses through age 26 yrs	3 doses through age 21 yrs								
Zoster <sup>6</sup>			Contraindicated	1 dose								
Measles, mumps, rubella (MMR) <sup>*7</sup>			Contraindicated	1 or 2 doses								
Pneumococcal 13-valent conjugate (PCV13) <sup>*8</sup>							1 dose					
Pneumococcal polysaccharide (PPSV23) <sup>8</sup>							1 or 2 doses					
Meningococcal <sup>*9</sup>							1 or more doses					
Hepatitis A <sup>*10</sup>							2 doses					
Hepatitis B <sup>*11</sup>							3 doses					
<i>Haemophilus influenzae</i> type b (Hib) <sup>*12</sup>			post-HSCT recipients only	1 or 3 doses								

Source: CDC. <http://www.cdc.gov/vaccines/schedules/downloads/adult/adult-schedule.pdf>

Protecting children (& mom) with vaccines  
begins before conception

## **PRECONCEPTION**

# Preconception Vaccines

- Consider any “pre-conception” visit as an excellent opportunity to update immunization history and catch-up on any missed doses
- Especially Think: MMR and Varicella
  - Vaccines that are contra-indicated during pregnancy
  - ie. LIVE viral vaccines
  - Also consider protecting families who are pursuing international adoption!

# Congenital Varicella Syndrome

- varicella infection in the first 20 weeks' gestation
  - incidence is estimated to be about 2%
- characteristic symptoms
  - skin lesions in dermatomal distribution (76%)
  - neurologic defects (60%)
  - eye diseases (51%)
  - skeletal anomalies (49%)
- 30% of infants die in the first months of life

# Congenital Rubella Syndrome

- CRS results from rubella virus infection during pregnancy
  - risk is highest during the first 12 weeks of gestation
  - decreases after the 12th week of gestation
  - defects rare after the 20th week of gestation
- Serious consequences
  - Miscarriages and Stillbirths
  - constellation of severe birth defects
    - cataracts, congenital heart disease, hearing impairment, and developmental delay
    - hearing impairment is the most common single defect

Source: CDC. <http://www.cdc.gov/vaccines/pubs/surv-manual/chpt15-crs.html>

Martínez-Quintana E, Castillo-Solórzano C, Torner N, Rodríguez-González F. Congenital rubella syndrome: a matter of concern. Rev Panam Salud Publica. 2015;37(3):179–86.

# Benefit of Maternal Vaccination

- Randomized controlled study of 340 mothers (3<sup>rd</sup> Trimester)
- Infants of vaccinated mothers had less influenza
  - 6 cases vs. 16 cases
  - Vaccine effectiveness of 63% (95% CI, 5 to 85)
- Among mothers, reduction of 36% in respiratory illness with fever (95% CI, 4 to 57)

Zaman K, et al. Effectiveness of maternal influenza immunization in mothers and infants. *N Engl J Med*. 2008;359:1555-1564.

## Original Investigation

### **Duration of Infant Protection Against Influenza Illness Conferred by Maternal Immunization Secondary Analysis of a Randomized Clinical Trial**

Marta C. Nunes, PhD; Clare L. Cutland, MD; Stephanie Jones, MD; Andrea Hugo, MD; Richard Madimabe, BTech;  
Eric A. F. Simões, MD; Adriana Weinberg, MD; Shabir A. Madhi, MD, PhD; for the Maternal Flu Trial Team

JAMA Pediatrics 2016: doi:10.1001/jamapediatrics.2016.0921

# Influenza and Pregnancy

- UK study of 221 maternity hospitals
  - 256 pregnant women admitted with confirmed H1N1
  - 1220 pregnant women for comparison
- Outcomes
  - Perinatal mortality ↑ in infants of infected women
    - 39/1000 vs. 7/1000 ( $P < 0.001$ )
  - Increase in the rate of stillbirth
    - 27/1000 vs. 6/1000 ( $P = 0.001$ )
  - Increase in premature birth
    - adjusted OR = 4.0, 95% CI 2.7 to 5.9



Image: CDC  
James Gathany

# Maternal Infection Requiring Hospitalization During Pregnancy and Autism Spectrum Disorders

J Autism Dev Disord (2010) 40:1423–1430

DOI 10.1007/s10803-010-1006-y

Hjördis Ó. Atladóttir · Poul Thorsen · Lars Østergaard ·  
Diana E. Schendel · Sanne Lemcke · Morsi Abdallah ·  
Erik T. Parner

# Maternal Infection During Pregnancy and Autism Spectrum Disorders

J Autism Dev Disord

DOI 10.1007/s10803-013-2016-3

Ousseny Zerbo · Yinge Qian · Cathleen Yoshida ·  
Judith K. Grether · Judy Van de Water ·  
Lisa A. Croen

ARTICLE

## Autism After Infection, Febrile Episodes, and Antibiotic Use During Pregnancy: An Exploratory Study

**AUTHORS:** Hjördis Ósk Atladóttir, MD, PhD,<sup>a</sup> Tine Brink  
Henriksen, MD, PhD,<sup>b</sup> Diana E. Schendel, PhD,<sup>c</sup> and Erik T.  
Parner, PhD<sup>d</sup>

[www.pediatrics.org/cgi/doi/10.1542/peds.2012-1107](http://www.pediatrics.org/cgi/doi/10.1542/peds.2012-1107)

# Safety and Efficacy of Tdap

- VAERS Study
  - No new unexpected vaccine safety concerns
  - Limited number of pregnancy reports with repeat doses
  - CDC will continue to monitor
- VSD study
  - Increased risk for chorioamnionitis
    - RR = 1.11 (1.03-1.21) 5.5% of unvaccinated; 5.6% of vaccinated
  - Decreased risk of pre-term labor
    - RR = 0.83 (0.77-0.90) 7.8% of unvaccinated; 5.3% of vaccinated
- Vaccine Effectiveness - UK evaluation
  - Vaccine effectiveness estimated to be 91% (95% CI 84 to 95)

Moro P. Safety of Tdap vaccine during pregnancy: enhanced surveillance in VAERS.

[www.cdc.gov/vaccines/acip/meetings/downloads/slides-2014-02/02-Tdap-Moro.pdf](http://www.cdc.gov/vaccines/acip/meetings/downloads/slides-2014-02/02-Tdap-Moro.pdf)

Kharbanda EO et al. Receipt of pertussis vaccine during pregnancy across 7 Vaccine Safety Datalink Sites. *Prev Med.* 2014. doi: 10.1016/j.ypmed.2014.05.025.  
Amirthalingam G et al. Effectiveness of maternal pertussis vaccination in England: an observational study. *Lancet.* 2014; doi: 10.1016/S0140-6736(14)60686-3.

# Antibody Responses After Primary Immunization in Infants Born to Women Receiving a Pertussis-containing Vaccine During Pregnancy: Single Arm Observational Study With a Historical Comparator

**Shamez N. Ladhani,<sup>1,2</sup> Nick J. Andrews,<sup>3</sup> Jo Southern,<sup>1</sup> Christine E. Jones,<sup>2</sup> Gayatri Amirthalingam,<sup>1</sup> Pauline A. Waight,<sup>1</sup> Anna England,<sup>4</sup> Mary Matheson,<sup>4</sup> Xilian Bai,<sup>5</sup> Helen Findlow,<sup>5</sup> Polly Burbidge,<sup>6</sup> Vasili Thalasselis,<sup>6</sup> Bassam Hallis,<sup>4</sup> David Goldblatt,<sup>6</sup> Ray Borrow,<sup>5</sup> Paul T. Heath,<sup>2</sup> and Elizabeth Miller<sup>1</sup>**

<sup>1</sup>Immunisation, Hepatitis and Blood Safety Department, Public Health England, <sup>2</sup>Paediatric Infectious Diseases Research Group, Institute for Infection and Immunity, St. George's, University of London, <sup>3</sup>Statistics, Modelling and Economics and Immunisation, Public Health England, London, <sup>4</sup>Immunoassay Laboratory, Public Health England, Porton Down, <sup>5</sup>Vaccine Evaluation Unit, Public Health England, Manchester Royal Infirmary, and <sup>6</sup>Immunobiology Unit, Institute of Child Health, University College, London, United Kingdom