

Attention Employees

Immediately report to your supervisor if you are experiencing the following symptoms:

- Vomiting
- Diarrhea
- Nausea
- Abdominal cramps

and/or other symptoms, such as:

- Low-grade fever
- Headache
- Muscle aches
- Chills
- Fatigue

You may be ill with norovirus. Norovirus can easily be spread from person to person.

Ways that noroviruses can spread include:

- Eating food or drinking liquids that have been contaminated by an infected person.
- Touching of surfaces contaminated with the virus, and then placing parts of the hand in your mouth.
- Ingesting particles of vomit that have been aerosolized.
- Direct contact with a sick person (such as caring for a sick individual or sharing food, water or eating utensils).