

WORK STATUS FOR ILL EMPLOYEES

EXCLUSION

ILLNESS	SIGNS/SYMPTOMS	INCUBATION AND DURATION	MANAGEMENT RESPONSIBILITIES	WHEN CAN EMPLOYEE RETURN TO WORK?
E. coli O157:H7	Bloody stools, Cramps, Diarrhea, Headache, Fever—Infrequent	<u>Incubation</u> —2 to 8 days <u>Duration</u> —Up to 7 days or more for adults	Exclude the worker from the establishment. Call the Health Department.	Health Department approval and Medical documentation indicating the employee is free of symptoms and has 2 negative stools for E. Coli.
Hepatitis A	Fever, Malaise, Anorexia, Nausea, Abdominal Discomfort, Jaundice	<u>Incubation</u> —15 to 50 days <u>Duration</u> —1 week to several months	Exclude the worker from the establishment. Call the Health Department.	Consultation and approval by the Health Department.
Shigella	Cramps, Fever, Diarrhea, Bloody stools, Headache, Nausea, Vomiting	<u>Incubation</u> —1 to 3 days <u>Duration</u> —4 to 7 days	Exclude the worker from the establishment. Call the Health Department.	Health Department approval and Medical documentation indicating the employee is free of symptoms and has 2 negative stools for Shigella.
Typhoid Fever (very rare)	Sustained fever, Malaise, Anorexia, Rose spots on the trunk, Nonproductive cough, Constipation is common	<u>Incubation</u> —3 days to 1 month <u>Duration</u> —Months	Exclude the worker from the establishment. Call the Health Department.	Consultation and approval by the Health Department and medical documentation indicating the employee is free of symptoms and has had 3 negative stools for Typhoid bacteria.
Norovirus	Nausea, Vomiting, Diarrhea, Abdominal pain. May also include: Low-grade fever, Chills, Headache, Muscle aches, and Fatigue.	<u>Incubation</u> —symptoms may appear from 12 to 60 hours after exposure to the virus, but usually occur within 24 to 48 hours <u>Duration</u> —1 to 3 days	Exclude the worker from the establishment. Call the Health Department.	Require all food handlers to remain off duty for 48 hours after their symptoms stop. If employee is involved in an outbreak, then after consultation and approval by the Health Department.
Any diagnosed food or waterborne illness or sudden onset of vomiting or diarrhea.	Diarrhea Fever Vomiting	<u>Incubation</u> —4 hours to several days <u>Duration</u> —1 day to several weeks	Exclude the worker from the establishment. Call the Health Department.	Consultation and approval by the Health Department.

RESTRICTION

ILLNESS	SIGNS/SYMPTOMS	DURATION	MANAGEMENT RESPONSIBILITIES	WHEN CAN EMPLOYEE RETURN TO FOOD HANDLING?
Experiencing symptoms associated with gastrointestinal illness. (Possible food or waterborne illness)	Fever Sore throat with fever	<u>Duration</u> —1 day to several weeks	Employee should be restricted from working with exposed food, clean equipment, utensils, linens and unwrapped single service and single-use articles.	When the employee is free of the symptoms.
Cold-Type Illnesses	Persistent sneezing, coughing, runny nose without significant fever	Varies	Employee should be restricted from working with exposed food, clean equipment, utensils, linens, and unwrapped single service articles.	When symptoms are controlled or the employee is free of the symptoms.
Possible Hepatitis A	Jaundice	Varies	Call the Health Department.	Consultation and approval by the Health Department.

RESTRICTION continued...

ILLNESS	SIGNS/SYMTOMS	INCUBATION AND DURATION	MANAGEMENT RESPONSIBILITIES	WHEN CAN EMPLOYEE RETURN TO FOOD HANDLING?
Symptoms suggestive of Staphylococcus skin infections	A lesion containing pus such as a boil or infected wound that is open and draining and is on the hands or wrists, exposed portions of the arms or on other parts of the body	Varies	Employee should be restricted from working with exposed food, clean equipment, utensils, linens and unwrapped single service and single-use articles if the wound is unprotected.	When the lesion or wound has healed or if the area in question has been adequately protected with an impermeable cover (such as a finger cot) and a single use glove is worn over the impermeable cover or is covered by a dry, durable, tight fitting bandage if on other parts of the body other than the wrists and hands.

Other Employee Illnesses

Illnesses with respect to food safety—not associated with foodborne illness

ILLNESS	SIGNS/SYMTOMS	INCUBATION AND DURATION	MANAGEMENT RESPONSIBILITIES	WHEN CAN EMPLOYEE RESUME DUTIES?
Influenza (Flu)	Fever, headache, fatigue, sore throat, cough	<u>Incubation</u> —1 to 3 days <u>Duration</u> —2 to 7 days	Employee should be restricted from working with exposed food; clean equipment, utensils, and linens; and unwrapped single service and single-use articles. Restrict contact with employees and customers.	When the fever is gone.
Pertussis (<i>Whooping cough</i>)	Irritating and prolonged cough	<u>Incubation</u> —7 to 20 days <u>Duration</u> —Up to 1 to 2 months	Call Health Department.	Consultation and approval by the Health Department.
Pink Eye (<i>Bacterial Conjunctivitis</i>)	Swelling of eye lid, discharge and eye irritation	<u>Incubation</u> —24 to 72 hours <u>Duration</u> —2 days to 2-3 weeks	No issues concerning food safety and employees may perform normal duties. Usually young children are affected and should not attend school or daycare during active stage of infection.	No exclusions or restrictions and employee may perform normal duties.
Mono	Fever, sore throat, enlarged spleen, swollen lymph nodes	<u>Incubation</u> —4 to 6 weeks <u>Duration</u> —Few weeks to months	No issues concerning food safety and employees may perform normal duties.	No exclusions or restrictions and employee may perform normal duties.
Strep Throat	Sudden onset of fever, sore throat, tender and enlarged lymph nodes	<u>Incubation</u> —1 to 3 days <u>Duration</u> —Days to months, unless treated with antibiotics	Employee should be restricted from working with exposed food, clean equipment, utensils, linens and unwrapped single service and single-use articles.	24-hours after receiving appropriate antibiotic.
TB	Fatigue, fever, night sweats and weight loss, cough, chest pain, hoarseness, coughing up of blood	Variable	Report to Health Department. This is a rare, but serious illness. Health department will work closely with operator.	Health department will work with operator regarding employee's return to work.

- **Other illness which do not directly affect food safety include:**
 - Ear Infection • Scabies • Head lice • Psoriasis
- **Employees experiencing foodborne illness symptoms should be advised to seek medical attention for diagnosis.**

Public Health: Madison & Dane County

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