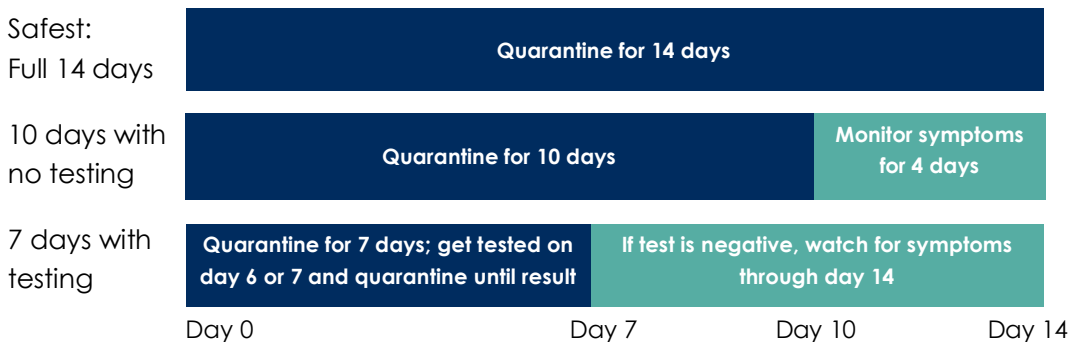


Isolation and Quarantine Guidelines for Cases and Their Contacts

Symptomatic cases must observe an **isolation period** of at least 10 days since symptom onset, symptoms are improving, and at least 24 hours fever free without fever reducing medication. Asymptomatic contacts follow the guidance for a **quarantine period** (see graphic at bottom of page for options). Isolation and quarantine guidance available at: <https://publichealthmdc.com/coronavirus/what-to-do-if-you-are-sick-or-possibly-exposed> and on the DHS website at: <https://www.dhs.wisconsin.gov/covid-19/diagnosed.htm>

Quarantine Options for People with No Symptoms

To quarantine: stay home from work, school, and other activities



If you develop symptoms at any time: stay home and get tested as soon as possible. If positive, follow isolation guidance; if negative, continue following your quarantine option to the left.

Guidelines for Symptomatic Cases & Their Contacts

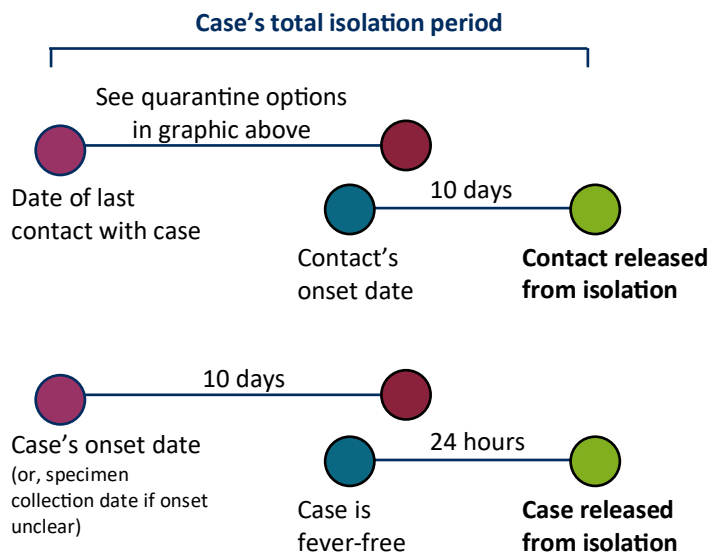
ANY CONTACT who becomes ill and is not tested during the quarantine period

Complete the same isolation period as a symptomatic person with a positive test plus the quarantine selected (see options in graphic above). This may be longer than their original quarantine period.

Anyone with a positive test

Symptoms have improved and fever-free for at least 24 hours AND it must be at least 10 days since symptom onset.

Continued on next page



Guidelines for Symptomatic Cases & Their Contacts

Continued from previous page

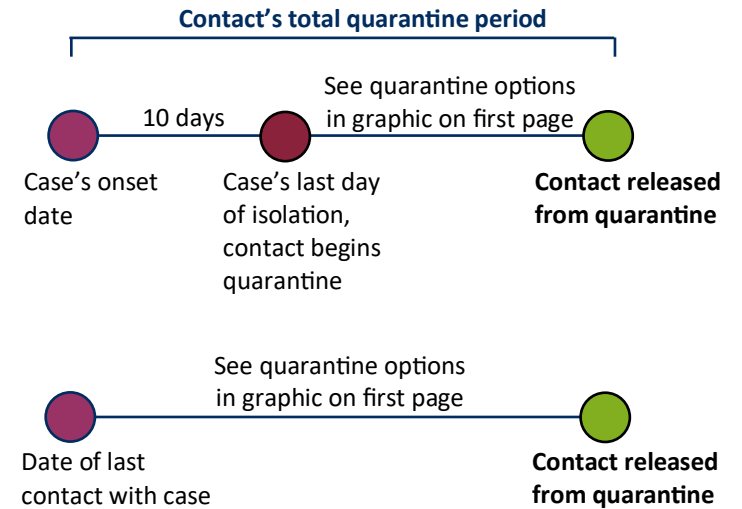
Household contacts of symptomatic cases:

Follow quarantine procedures immediately (see graphic on first page). The total quarantine period usually begins after the case's last day of isolation because of continued exposure while the case is infectious.*

*If household contacts and cases are able to [separate](#) at all times, then day 0 would be the last day they had close contact or were in the same indoor living environment. For many household situations it will be impossible or very difficult to fully implement these guidelines at all times, especially if the home has only 1 bathroom, the case is a child, or the home has a single care-giver.

Non-household contacts of symptomatic cases:

Quarantine for a contact begins after the last time they were in close contact with the case. If they remain asymptomatic, they can be released from quarantine after completing criteria for the quarantine option they selected (see graphic on first page).



Guidelines for Asymptomatic Cases & Their Contacts

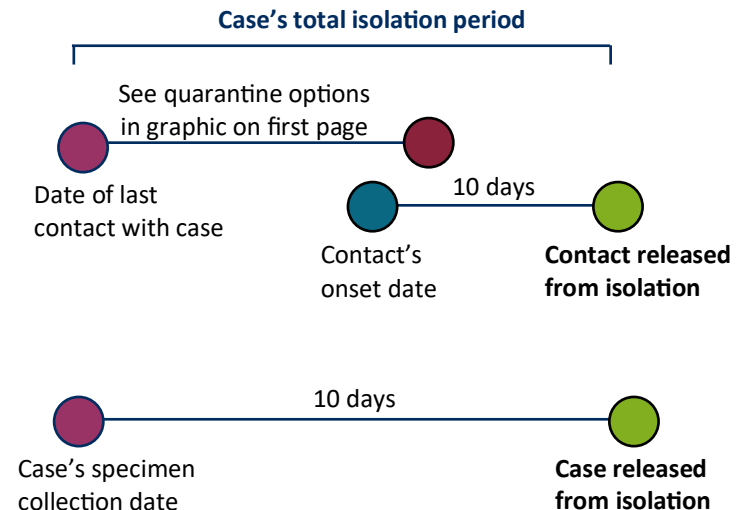
Asymptomatic cases must observe an **isolation period** of at least 10 days since collection date of the positive test. Asymptomatic contacts follow the guidance for a **quarantine period** (see options in graphic on first page). Isolation and quarantine guidance available at: <https://publichealthmdc.com/coronavirus/what-to-do-if-you-are-sick-or-possibly-exposed> and on the DHS website at: <https://www.dhs.wisconsin.gov/covid-19/diagnosed.htm>

ANY CONTACT who becomes ill and is not tested during the quarantine period

Complete the same isolation period as a symptomatic person with a positive test plus the quarantine selected (see options in graphic on first page). This may be longer than their original quarantine period.

Asymptomatic cases (lab confirmed)

Must be at least 10 days since their date of specimen collection of the positive lab test.



Continued on next page

Guidelines for Asymptomatic Cases & Their Contacts

Continued from previous page

Household contacts of asymptomatic cases:

Follow quarantine procedures immediately (see above). The total quarantine period usually begins after the case's last day of isolation because of continued exposure while the case is infectious.*

*If household contacts and cases are able to [separate](#) at all times, then day 0 would be the last day they had close contact or were in the same indoor living environment. For many household situations it will be impossible or very difficult to fully implement these guidelines at all times, especially if the home has only 1 bathroom, the case is a child, or the home has a single care-giver.

Non-household contacts of asymptomatic cases:

Quarantine for a contact begins after the last time they were in close contact with the case. If they remain asymptomatic, they can be released from quarantine after completing criteria for the quarantine option they selected (see graphic on first page).

