# More Resources From Public Health



A free program that provides support for first pregnancies. www.nursefamilypartnership.org (608) 266-4821



Provides healthy foods and nutrition information for pregnant women, infants and children under 5 years old.

(608) 267-1111

**Breastfeeding Information Line** 

Offers local breastfeeding support and

information.

(608) 243-0449



Healthy people. Healthy places.

#### www.publichealthmdc.com

(608) 266-4821 Spanish: (608) 243-0380

Working with the community to enhance, protect, and promote the health of the environment and the well-being of all people.

September, 2021

# Pregnancy Support for YOU and YOUR Baby



# Prenatal Care Coordination



Healthy people. Healthy places.

(608) 266-4821

### What is Prenatal Care Coordination (PNCC)?

Prenatal Care Coordination is a part of Medicaid and BadgerCare Plus that provides **free** support and services during your pregnancy.

## How does the program work?

- A public health nurse meets with you during your pregnancy and until your baby is 2 months old.
- Your PNCC nurse will help guide you, but you make the decisions on how to care for **yourself** and **your baby**.
- Your PNCC nurse and health care provider can work together as a team.



I learned a lot about labor, delivery and breastfeeding. So I was well prepared!

#### -PNCC Mom

### What can PNCC do for me?

- Provide personal support to set goals and reach them.
- Offer help getting health care.
- Help you prepare for your new baby.
- Give information on health topics like: eating habits, child development, safe sleep, staying active, breastfeeding and more!
- Help finding community services.



# Healthy Pregnancies Healthy Babies Healthy Families



This program is really good! I already recommended it to a friend!

-PNCC Mom

## How can I get this service?

#### If you are pregnant and live in Dane County:

- Call 608-266-4821 to learn more about the program and see if you are eligible.
- If you have WIC, ask at your next appointment.
- Visit our website for more information: www.publichealthmdc.com/pregnancy

There is **no cost** for this service and you **do not** need to be a legal resident.