



LACTATION TENT USE AND INSTRUCTIONS

What is a lactation tent and why is it important?

A lactation tent is a portable, private space that allows people to breastfeed, chestfeed*, or pump.

- Not all people may be comfortable lactating in the open, so providing a private space is key.
- The tent DOES NOT replace public breastfeeding— people are legally allowed to feed their babies in the open.
- Providing lactation spaces shows your support for keeping families healthy.
- Providing a lactation space will draw more families to your event and help them stay longer!

How do I book the tent for my event?

- Send an email to health@publichealthmdc.com with your request. Please include the following: Name of event; event organizers and contact info; date, time, and size of event; intended audience and purpose of event. The subject of the email should be “lactation tent request.”
- Staff will respond within one week to confirm or deny the request. Requests are filled based on availability and on how the event serves the Dane County community.
- The tent is stored at the Atrium, 2300 S. Park St. Event staff will need to be available to pick up and transport the tent to and from the event. For weekend events, the tent must be picked up Friday and returned Monday. If this is an issue, let us know in your request email and the MCH team will attempt to meet your needs.

What is included with the tent?

- 5' by 5' tent frame, with rolling carrying case
- Roof and four panels
- “Occupied/Free” Sign for front of tent
- Rocking lawn chair
- Foldable side table
- 100 foot extension cord
- USB-powered fan
- Battery pack (for fan)
- Trash can and liners
- Weights or stakes, for holding tent down

*Chestfeeding is another way to refer to nursing an infant that is inclusive of lactating parents that may not identify as women and/or who may not have breasts.

